

COURSE DESCRIPTIONS

DISCOVER TOURISM

This option will focus on developing an appreciation for different countries and cultures around the world. In addition, we will build skills associated with safe, cost-effective informed, and responsible travel. Students will investigate Travel and Tourism as a career pathway. Students will plan sample travel itineraries and then share their research about countries of their choosing with their peers. We will also focus on learning about the various cultures in our school with an emphasis on language, cuisine, customs and traditions. **No Fee**

FITNESS

Supercharge your days! Fitness and wellness is a course that explores mental and physical wellness as it applies to students in their daily lives. Through this course, students can participate in the discovery and practical application of their own personal fitness and wellness journey. Students will participate in various activities, including regularly using the fitness center and playing games around the school (inside and outside) and having the opportunity to use other community facilities. **Fee = \$40**



GOOGLE

Students in this Google class will work on fun projects that involve Google Suite (Docs, Sheets, Slides, Sites, etc.), Google Drive and more! Students will also learn about hackers, online safety, operating a computer, and being a positive digital citizen. Come learn about the technology that can make your other class work so much easier and less time consuming.

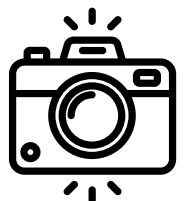
No Fee

REC LEADERSHIP

Students will develop their leadership skills and abilities in the classroom, the school, and the larger community. They will work collaboratively with their peers and staff to plan and run a variety of recreation events within the school, take part in various volunteering opportunities, and take the lead on different spirit events at the school. **No Fee**

YEARBOOK PHOTOGRAPHY

This course will teach the basics of photography while gaining confidence in using a DSLR camera. In this hands-on course, learn and practice your creative photography skills while collaborating with your peers. The latter half of this course will be dedicated to yearbook photography and design. **No Fee**



LEGAL STUDIES

Students will take on the role of lawyer as they participate in mock trials where they will analyze evidence and deposition to build a case and question witnesses in front of a judge. Students will be expected to analyze and evaluate legal and ethical viewpoints and their significance through criminal, civil, constitutional, applicable case law and current events. Law Studies involves active student participation in their learning. **No Fee**

ENVIRONMENTAL STUDIES

The purpose of this course is for students to gain basic knowledge and appreciation for nature, wilderness, wildlife, environmental issues and experience outdoor activities. Students will also explore concepts regarding conservation/preservation of wild and natural/protected areas, and wildlife. Students will also explore possible career pathways within Environmental Studies. **No Fee**

FOODS

Welcome to the world of food studies! Students will work in our Foods Lab on basic techniques in food preparation, kitchen techniques, and basic baking practices. This course concentrates on nutrition and preparation of simple recipes and the role of food in physical wellness. Students have the opportunity to develop skills regarding selection, safe handling, preparation, and service of a variety of foods. **Fee = \$30**



MASTERING MEDIA

This Media Literacy course is designed for students to develop essential skills in analyzing, evaluating, and creating media content. Students will develop their photography, broadcast media and literacy skills as they take on roles such as news anchors, videographers, news reporters, podcasters and editors to create media. **No Fee**

DESIGN & INNOVATION

"How can I make life easier for someone else?" Students will have a chance to answer this question by coming up with innovative solutions to everyday problems or improving upon a solution that already exists, whether it be for themselves, their teachers, a friend or a pet! Students will go through the 3D design process, including researching, ideating, prototyping and testing their products or services. **Fee = \$10**

CONCERT BAND

Welcome to Band 7 & 8 (Junior) and 9-12 (Senior) where students will be given the opportunity to develop lasting skills and music appreciation. In this program students will play a wide range of woodwind, brass and percussion instruments. Band brings students together, fostering teamwork, individual practice, creativity and thinking skills which combine to create a true performance based program. Throughout the year, the groups will share their talents within our school and community and through music festivals and field trips.

Junior Band Fee= \$25

Senior Band Fee= \$50 *Additional rental fee for those who need to rent their instrument.

COSMETOLOGY

Students will explore topics related to Esthetics and Beauty, both for personal use and as a possible future career option. This course is intended to introduce students to and allow them space to discover for themselves basic nail care & art, haircare, hairstyles and skincare. **Fee = \$30**

PE 10/20/30

This class is designed to help students develop the knowledge, skills, and attitudes necessary for leading an active, healthy lifestyle. Through a variety of physical activities including team sports, individual pursuits, fitness training, and outdoor education, students will enhance their physical competence, understand the benefits of physical activity, and learn the value of teamwork and fair play. The course also emphasizes personal development in areas such as leadership, cooperation, and goal-setting. Students will be encouraged to set personal fitness goals and reflect on their progress throughout the course. Physical Education 10 is a required course for a high school diploma. **Fee=\$30**

SCI CHALLENGE

This course is a project-based class designed for exploring complex scientific concepts and solving real-world problems. This course encourages critical thinking, creativity, and collaboration as students tackle challenging projects and activities. Students will have the opportunity to engage in hands-on experiments, design their own investigations, and present their findings to peers and the community.

No Fee

MONEY MATTERS

This course is a financial management course designed to introduce students to aspects of personal finance and to develop strategies to optimize their personal finances in an interactive investment game. This course is focused on personal financial information, personal taxation, investment planning, and accounting. Students will work directly with a variety of apps and software to learn the basics of budgeting and more! Students will also explore career pathways in Financial Management. **No Fee**



FORENSICS SCIENCE

Forensic Science is an investigative course that introduces students to the fascinating world of crime scene investigation and the scientific techniques used to solve criminal cases. This course covers various aspects of forensic science, including fingerprint analysis, DNA profiling, toxicology, and crime scene reconstruction. Students will engage in hands-on activities that mirror real-life forensic procedures, such as analyzing evidence, conducting laboratory tests, and interpreting data. The course also emphasizes critical thinking, attention to detail, and the ethical considerations involved in forensic investigations. By the end of the course, students will have a deeper understanding of how science plays a crucial role in the justice system.

No Fee

SHOP

Industrial Education is a hands-on course that introduces students to the fundamentals of trades and technical skills, providing practical experience in areas such as woodworking. Students will learn to safely operate tools and machinery, read technical drawings, and complete projects that emphasize craftsmanship, problem-solving, and creativity. The course also explores career opportunities in the skilled trades and encourages students to develop a strong work ethic and attention to detail. **Fee= \$30**

LEARNING STRATEGIES

Learning Strategies is a course designed to help students develop the skills and techniques necessary for academic success across all subjects. This class focuses on enhancing students' study habits, time management, organization, and goal-setting abilities. Through personalized instruction and practical exercises, students will learn how to effectively take notes, prepare for exams, and manage assignments. The course also emphasizes self-advocacy, stress management, and building a growth mindset. **No Fee**

CALM 20

Career and Life Management (CALM) 20 is a course designed to equip students with the essential skills and knowledge for managing their personal lives and preparing for future careers. This course covers three key areas: personal well-being, career exploration, and financial literacy. Students will explore topics such as goal setting, health and wellness, decision-making, relationships, and the development of a personal financial plan. Through interactive lessons and real-world scenarios, students will learn how to make informed choices that will positively impact their personal, academic, and professional lives. By the end of the course, students will have a solid foundation for living a balanced and responsible life. This course is a required course for obtaining a high school diploma. **No Fee**

